



dehradun hills academy
happy • healthy • inspired



HAPPINESS
Journey Starts Here



**A Boutique Residential School
For Indian & Asian Students**

Where every child matters...



*Annemieke Freya Hansen exchange student from Freie Waldorfschule, Mainz, Germany
Aditya Kumar from East Champaran, Bihar, India
Yossapat Sirithanthara from Bangkok, Thailand*

Globally Minded Citizens Of Tomorrow
*Living with students from 5 countries and multiple states of India
Understanding Various Cultures
Learning Foreign Languages*

LIFE AT DEHRADUN HILLS ACADEMY

Happy Healthy Inspired	2
Why are we a Boutique School	4
A-Z Learning Outside the Classroom	6
Years Gone By	8
Balanced Time Diet	10
Home Away From Home	12
What is an Organic Lifestyle and how is it connected to the school?	14
About Dehradun Hills Academy	16
Diversity at Work	17
Awards & Recognitions	18
So, is Dehradun Hills Academy the right school for your child ?	19
Mindful Living	20

Happy

- The ultimate goal of life is Happiness.
- Advait Vedanta
- Man's last end is happiness.
- St. Augustine and Thomas Aquinas
- Having created the creation, He watches over it. With Grace, He bestows happiness.
- Guru Granth Sahib
- The concept of happiness in Islam is expressed in the Quran and Sunnah in a number of different ways.
- Happiness forms a central theme of Jain & Buddhist teachings through dedicated Agams.

Healthy

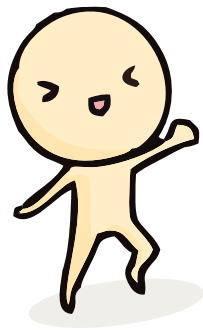
- A happy mind is a healthy mind, and a healthy mind is good for the body. - Dalai Lama
- To keep the body in good health is a duty... otherwise we shall not be able to keep our mind strong and clear. - Buddha
- When health is absent, wisdom cannot reveal itself, art cannot manifest, strength cannot fight, wealth becomes useless, and intelligence cannot be applied. - Herophilus
- It is health that is real wealth and not pieces of gold and silver. - Mahatma Gandhi
- Take care of your body. It's the only place you have to live in.



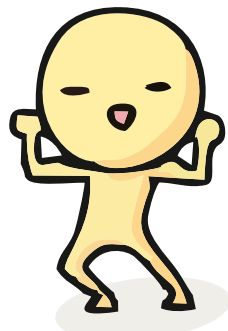
Inspired

- Children are not things to be moulded, but people to be unfolded. - Jess Lair
- It's not about being the best, It's about being better than you were yesterday
- The best preparation for tomorrow is doing your best today. - H. Jackson Brown, Jr.
- I think I can. I know I can.
- Everything that you do or don't do comes down to confidence.
Always believe in yourself even when it's not easy.
- No one is perfect – that's why pencils have erasers. – Wolfgang Riebe

HAPPY HEALTHY INSPIRED



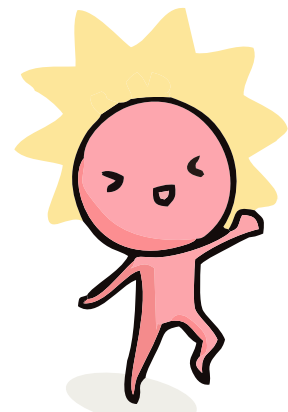
happy
child



healthy
body



healthy
mind



inspired
life

+ + =

At Dehradun Hills Academy, these are not just words but the foundation of our belief system. We believe that school education should prepare children for their life and its multiple facets.

Being **happy** is the ultimate reason for our existence and has been emphasized upon in our religious learning and by great philosophers.

Good physical and mental **health** is imperative for a successful and happy life.

Our endeavour is to help children understand the meaning of happy and healthy living and provide practices and conducive environment for same.

This in our view would help them to be **inspired** to give their best in whatever they do during their school days and in life beyond.

At Dehradun Hills Academy we value Quality over Quantity and this is why we are a Boutique School. It offers a smaller model that allows for more depth and personal focus.

In a society that tends towards big schools and high competition, we understand there are parents whose primary concern is content and authenticity.

We want to work with parents to make their child be Happy Healthy Inspired and being a Boutique School helps us in this regards.

As a Boutique School we are:

Small

Personalized

Progressive

Small

- Our classes have a low student-teacher ratio of 20:1. Pastoral care ratio is 10:1.
- Residence seats together with expansion limited to 150.
- Small size an inspiring, honest & hardworking faculty help in nurturing each child to his best potential and ensure that each child gets ample opportunities

10 Benefits Of Being Small

- Each student gets noticed
- Better results
- Learning is enhanced
- Teachers can teach and interact better
- School become a community
- Opportunities to participate
- Focus on lifelong learning
- More feedback
- Students and teachers can work one-on-one
- Ideas are shared

Personalized

We have personalized approach with more intimate and tailored attention to individual needs for academics, co-curricular, extracurricular activities and campus expansion.

- We envision your child to spend 8 to 10 years with us and therefore provide him various platforms to find his true passion and talents. This also ensures that you would pay additional for the activities your child would be interested in and not a blanket fee for all activities.
- Community spirit is encouraged and there is an emphasis on relationships – moving beyond the standard of teacher to student and extending a focus on teacher to parent, student to student interaction, not forgetting school management who are far more involved with individual

students than they could be in a larger school situation.

- A smaller student body offers a greater opportunity for each student to experience participation and leadership growth. Literally everyone must participate to make a project a success. This promotes among students a sense of belonging, of pride in their community, their school, and themselves.
- Interest and requirement of current students would be kept n mind for further campus expansion due in coming years.

WHY ARE WE A BOUTIQUE SCHOOL

Progressive

We want to prepare our students for the dynamic life of 21st century and believe in Progressive Education. It is a pedagogical movement that began in the late nineteenth century and finds its roots in present experience. We have a program to implement it at Dehradun Hills Academy – A to Z Learning Outside the Classroom. Our progressive education programs have these qualities

- Emphasis on learning by doing – hands-on projects, expeditionary learning, experiential learning
- Integration of entrepreneurship into education
- Group work and development of social skills
- Understanding and action as the goals of learning as opposed to rote knowledge
- Integration of community service and service learning projects into the curriculum
- Varied learning resources instead of dependence only on textbooks
- Emphasis on lifelong learning



Astronomy
Animal Rescue Center
Audio Visual Skills

Birdwatching
Beaches
Bonfire Night
Businesses

Carpentry
Café
Composting
Cycling

Dance
Dance Movements
Digital Literacy
Dairy Farm

Environmental Centers

Fishing/Angling
Factories
Fine Arts
Farms
Fitness Regime

Gardening
Greenhouses
Government Center

Horticulture
Hotels
Hospitals

International Food

Jungles
Junk Shops

Kitchens

Libraries
Literature Festival

Monasteries
Music
Mountains
Monuments
Museums

Neighborhood

Organic Living
Observatories
Outdoor Pursuit Centre

Photography
Poultry
Presentation Skills

Quiet Places

Rivers
Rope Work
Rural Life
Research

Sports
Sculpture
Social Networking
Stadiums
Swimming Pool

Theatres
Trade Shows
Teled Talks

Underground
Utility Services

Virtual Learning Environment
Virtual Galleries
Vocational Skills Introduction
Verni Culture

Work Experience
Wildlife

X marks the spot

Yards
Yoga

Zoos

A-Z LEARNING OUTSIDE THE CLASSROOM

Tell me and I forget. Teach me and I remember. Involve me and I learn. - Benjamin Franklin

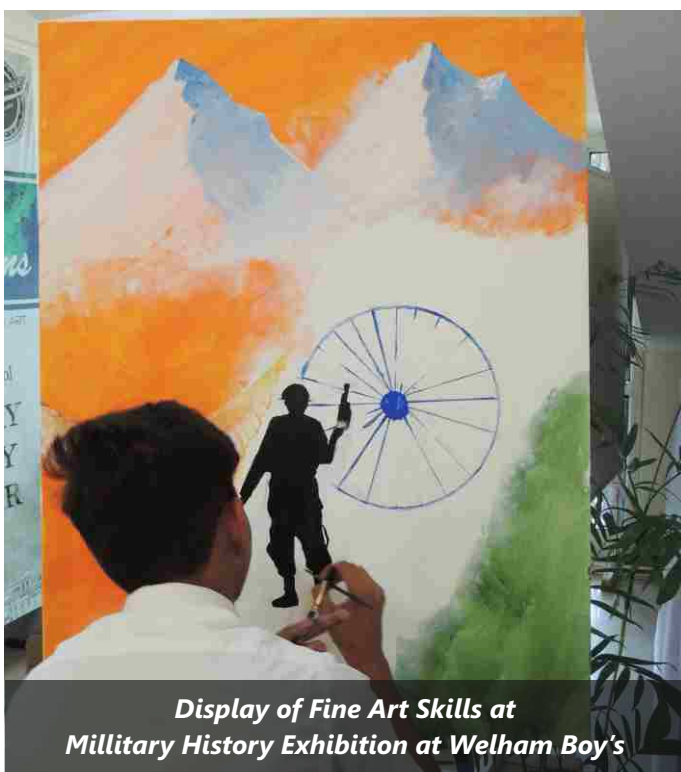


Shopping for Café at Fresh n Easy, Dehradun

These are activities and experiences that would contribute towards progressive learning of your child. They help in cognitive, physical, personal, social, moral, spiritual & cultural development. This enables your child to be independent, confident, assertive and decision takers. We will map the activities with the Age Appropriate Learning Guidelines laid down by NCERT .

We aim to follow the A-Z Learning Outside the Classroom Program in following ways:

- Activities conducted by dedicated staff and management members who could be residential or visiting.
- Dehradun Hills Academy Leadership Program wherein we invite experts from various fields from Dehradun and across the country.
- 2-3 days workshop to introduce student to an activity / sports.
- 1-2 weeks intensive training camps to understand technique of an activity / sports.
- Field trips.
- Outdoor Living Camps.



Display of Fine Art Skills at Military History Exhibition at Welham Boy's



Trips and Excursion

We at Dehradun Hills Academy provide ample opportunities to our students to go out and face the real world. It helps them to exchange ideas and share views with students of other schools and people from diverse fields. This also forms the strong base for networking, a skill which will help them in future. The over-all growth of your child majorly depends on the exposure and in a small boutique school we are able to handpick events which make the difference. Listed below are some of the events our children participated in last 2 years. You can see for yourself the nature and scope of such interactions.

Interactive Sessions

- **"Talks with Nature"** with Dr. Harshvanti Bisht Arjuna Awardee and recipient of Sir Edmund Hillary mountain legacy medal
- Attended the **Military History** Seminar at Welham Boy's School
- Importance of Military History in School session by **Shiv Kunal Verma**
- Can India and Pakistan be friends session moderated by **Barkha Dutt**
- Talk on **'Indo-China Relations'** by Cmdr. C. Uday Bhaskar
- **Importance of Reading Habits** by Sumant Batra, policy lawyer of global eminence
- Session by Ms. Fauzia Dastango- famous **URDU Story teller** of Modern times. Performed over 70 shows in the last 8 years.
- Interactive Session with **Jerry Pinto** - Award winning - Internationally published Poet.
- **Art of Story-telling** by Ashwin Sanghi, Indian writer in the fiction-Thriller genre
- **Religion and Politics** by Nayantara Sahgal winner of Sahitya Akademi Award
- **Imagination is more powerful than Knowledge** by Ranjit Lal and Dev Lahiri
- The **Story of the Stamp** by Abhai Mishra
- The **Story of Doon** by Sargam Mehra
- Talk by **Col. Pillai** decorated Army Officer on his journey
- **Haiku and Limericks** by Mona Verma
- Attended a Special Screening of the movie **"Ramubai"** - Mizoram's Trouble years directed by Sanjoy Hazarika
- **Nationalism in Digital India** by Harsh Mander
- The real economics by **Gurcharan Das**
- Interactive session with Eldad Beck **Israeli Journalist**
- Relationships between Parents and the Child **'The Modern Gurukul'** - session by Mrs. Sonali Bendre Behl
- Attended Book Reading session by **Padamshree writer Shamsur Rahman Faruqi.**

Dehradun Hills Academy Leadership Series

- Interactive session with **Dr. Maithili Jog Head of India Relations** - Tel Aviv University Israel.
- Interactive session with **Mr. Naim Keruwala** Program Manager - Governance & Advocacy at Avantha Group and Visiting Lecturer at Symbiosis School of Economics

Outdoor & Exploration

- **Marathon of Hope** aka Terry Fox Run organized by The Doon School
- **Night-out** at the historical Old Ville Cottage - Mussoorie built in the year 1938.
- Visit to Evolve - Promoting the concept of **Sustainable Living**
- Exploring the **History of Mussoorie** by visiting the Maharaja of Kapoorthala's Palace
- **Exploring the Doon valley** - visit to the famous Sri Guru Ram Rai Jhanda Sahib built in the 17th Century.
- Visit to **Sir Rollo Gillespie Memorial** where the famous Battle of Kalinga was fought.
- Trek to **George Everest Estate**
- Visit to the **farmstead** - walk along the Rajaji National park
- Outdoor Excursion to **Kanatal**
- **International Food** - visit to the French Patisserie L'Opera
- International Food - visit to Salt & Cravings to understand Italian cuisine

Workshops Attended

- Ahimsa Trust **Mindfulness Workshop** organized by the representative Monks & Nuns of **Zen Master Thich Nhat Hanh** from the Plum Village France
- Workshop on **Career Planning** and time management by US Education Resource Centre
- Workshop on **Fire Safety** by Uttarakhand Fire Department
- Workshop on **Waste Management** and Recycling by Waster Warriors
- Creative writing session by Ms. Abha Iyengar a British Council certified **creative writing** instructor
- Workshop on **Picture Perception** by the famous Ajay Govind

YEARS GONE BY

Alumni Name	Batch	College	Course	Profession / Designation	Company Name	City Located
Manik Sharma	2009	IIM Calcutta	MBA	Global Business Manager	Wipro	Bangalore
Shikha Aggarwal		MBBS - Himalayan Institute	MD - ESI Kolkata	MBBS and MD	Gynecologist	Subharti Dehradun
Asad Alam	2004	Birmingham City University - UK	MBA in Intrn'l Business	Director - Business	Nora Interiors & Construction	Delhi
Rajesh Singh	1999	IIM-Bangalore	MBA	Country Manager	LG	Singapore
Tarun Jaiswal	2004	Indian Institute of Space Science and Technology	B.Tech in Avionics	Scientist / Engineer / Research and Development	Satish Dhawan Space Center	Srihari Kota AP
Shweta Sharma	2001	IIM Calcutta	MBA	AVP	Edelweiss	Delhi
Dikshit Gupta	2012	IIT Roorkee	B.Tech	Student		Roorkee
Saurabh Aggarwal		XLRI	MBA	CEO	Sharda	Nashik\
Yasin Sabri	2005	NIFT	Fashion Designing	Fashion Designer	Dress Code	Delhi & Dehradun
Usman Ali	2005	Lovely Professional University	MBA	Benefits Analyst	Milliman India Groups	Gurgaon
Jitendra Taak	1999		Hospitality Mgmt.	Manager	Welcome Group ITC	Delhi
Dileep Rathore	2001	Indian Institute of E-Business Mgmt.	MBA	Entrepreneur	Rathore . Trading Co	Mainpuri
Gayatri Singh	1998	Ranchi University	B.Sc Zoology	Asia Co-ordinator and Consultant	Pestalozzi World	
Deepank Bisht	1998	COER - Roorkee	B.Tech	Manager - Operations	RailTel Corp.	Hyderabad
Preeti Sharma	2002			Bank Manager	Corporation Bank	
Kamni Saxena	2003	College of Tech., GB Pant Univ.	B.Tech	Senior Consultant	Deloitte & Touche LLP	Gurgaon
Ghanshyam Pandey	2004	GB Pant	B.Tech	Design Automation Engineer	Intel	Bangalore
Ankita Dobhal	2004	Xavier Institute	MBA	Manager - Marketing	Maruti Suzuki	Gurgaon



Achievement - Directed Time

This is time spent acquiring information skills and life experiences in order to later sell one's time (i.e., to make a living). Examples of these types of activities include studying, doing chores, learning a trait, or acquiring some other marketable skill. Achievement-directed time is used to achieve outer world goals such as money, status, power, position, and in the case of children, grades.

Sowing Seeds of Effect

BALANCED

If you love life, don't waste time, for time

Managing ones time well is an integral part of being Happy Healthy Inspired. At Dehradun Hill
Diet by **Professor James Bruno of UCLA Graduate School of Education (US**



Self - Directed Time

This time is spent fulfilling a person's need of personal development. Hobbies, special interest such as playing a musical instrument, religious experience, and sports can be focus of self directed time.

People - Directed Time

This is time spent acquiring the information, life experience, and skill needed to develop and maintain healthy friendship and social relationships. Conversing with someone, reading about another culture, sharing something with someone, and helping others are examples of this type of activity.



Active Time Management

TIME DIET

Life is what life is made up of. - Bruce Lee

At this Academy, we design the entire learning program around the well researched Balanced Time (A). It has been developed around the four principal ways that people use time.

Entertainment - Directed Time

This is time spent on activities with the sole objective of being entertained. This use of time is often passive and relaxation-driven. Watching TV or going to a café is a classic example.



Central to life at Dehradun Hills Academy is the pastoral care system; in other words the boarding house. At the academy, house is very much an extended home. The Head of the School lives on the campus with his family, and the boarding house is as much a home for him as it is for the students. It is this living together as a community which imparts the best in education by way of example and informal interactions.

We have a dedicated Headmistress who is supported by team of masters and matrons who work closely together and, as a consequence, our able to deliver a fairly consistent and caring environment. The headmistress is assisted by a House-mother providing among other things a medical support system for management of the house's domestic side. Apart from this there are also present on campus residential academic staff and faculty for A-Z Learning Outside the Classroom program.



***Boarding Campus - Inhale Peace.
Exhale Happiness.***



European Styled Dormitory

HOME AWAY FROM HOME

Food & Nutrition

The house dining is an important feature of Dehradun Hills Academy's pastoral care. Meal times are a combination of formal lunches where visitors are welcomed and more informal suppers and breakfasts which all offer a good chance for staff to engage with pupils and for pupils to feel at home.

Our school kitchen has in-house catering team where they take pleasure in designing menus and delivering wholesome meals. There is a gracious and orderly atmosphere pervading the dining hall as our students take their seats before meals, beginning with prayers.

Our goal is to provide boarders with meals that are nutritious, varied and enjoyable. Using locally and ethically produced food, we balance this with the feedback we get from pupils and their parents. Organic milk, home-grown vegetables, free ranging poultry eggs and cereals provided for the mess are sourced as much as possible from our own farms. From time to time we invite diet specialists to come and work with children planning their food menus. Each week we choose a day to focus on Ayurvedic diet for body detox.

We ensure that the students are offered the opportunity to try various cuisines, from Indian to Continental to Chinese to Mexican food.



Central Dining Hall (CDH)

Health & Well-Being

We look after pupils in a 'holistic' sense aiming where possible to promote good health and healthy lifestyles rather than dealing exclusively with ill health in a reactive sense.

We have our methods in place like serving Aloe Vera & Amla Juice first thing in the morning followed by mindful breathing exercises, walking-meditation, yoga asanas and other fitness activities motivated by the latest research in holistic healthcare.

We have a panel of leading doctors and pediatricians to guide us for all our medical program needs. In addition, the School operates a Private Medical Scheme to which parents can enroll their son or daughter for the duration of his or her time of stay and study at Dehradun Hills Academy.

As we are a Boutique school we lay special emphasis on safety & security and conduct regular workshops and drills related to it.



Preparing soil for organic vegetable

Instead of seeing organic foods as an expense, view it as an investment in your health



Delighted to see their first Cabbage harvest



Planting the sapling



Job well done!

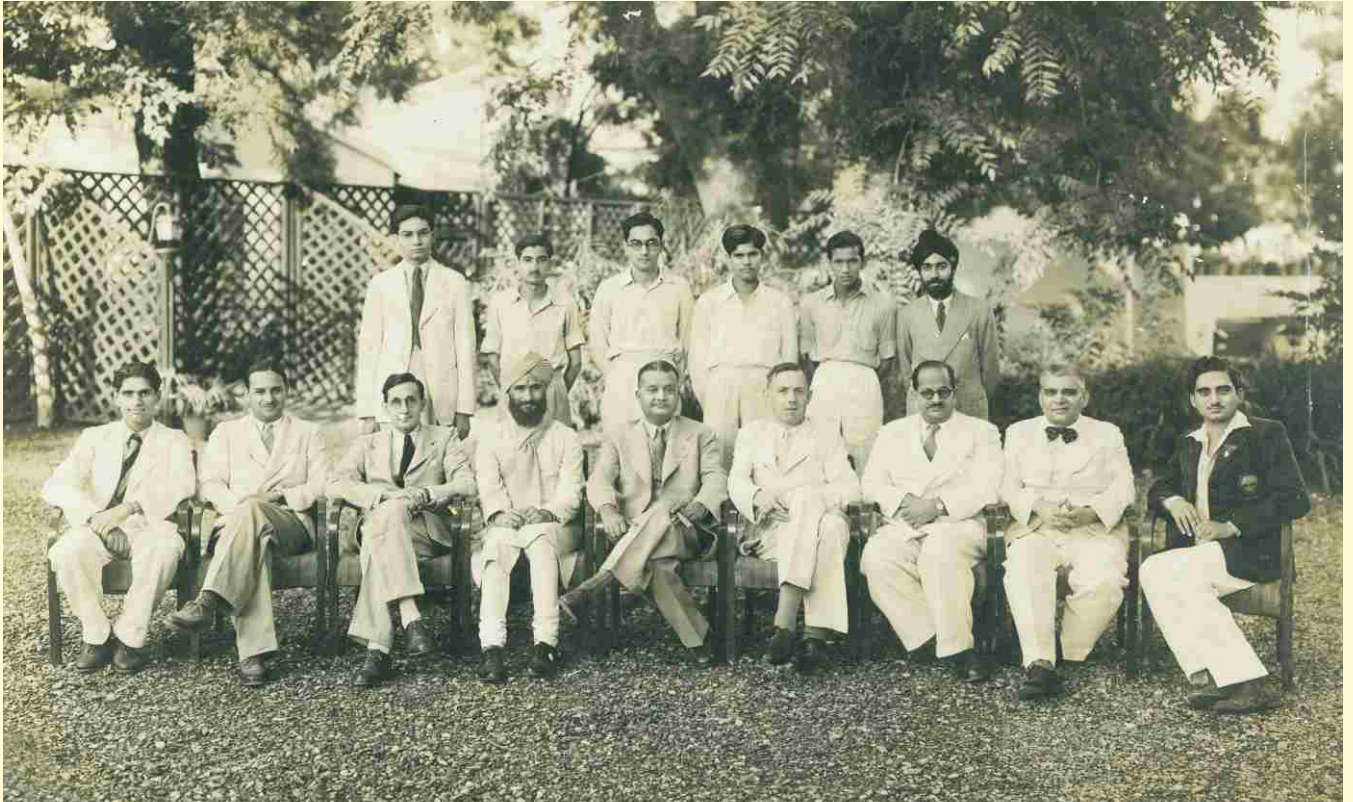
WHAT IS AN ORGANIC LIFESTYLE & HOW IS IT CONNECTED TO THE SCHOOL?

*"You are made of the same minerals as the rocks - the same water as the sea.
You grow in the sun. You breathe air cleansed by trees.
When are you going to get the message that you're a part of Nature?"*

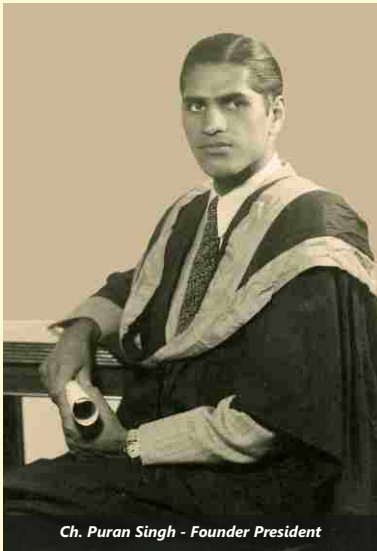


Our Private Organic vegetable & herb farm over looking the majestic Himalayas

- Living an organic lifestyle is living a balanced lifestyle.
- It begins with eating organic foods. Organic foods are fruits and vegetables grown without the use of chemicals, and meats processed without the introduction of hormones or closed factory environments. These are more healthy because chemical insecticides, herbicides, and fertilizers on vegetables and fruits have unknown effects on human health. They also can have a negative effect on the environment. Hormones in meats can and do survive the cooking process and can make a difference in the growth of children or the well-being of adults.
- One of the best ways to ensure food is organic is to grow them yourself, and this is what we do at DDHA. Where ever possible we try to buy organic but sometimes the prices prohibit us but children know about it and help in the process.



• **Chairs (Left to Right)** :Mr. Chaudhary Puran Singh, B.A., Kanwar C.B. Singh, Mr. K.K. Mehrotra (Reader, English Dept., Alld.'Varsity), His Holiness Mahant Indresh Dr. Amaranatha Jha (Vice Chancellor, the University of Allahabad), Mr. A.E. Foot (Headmaster, The Doon School), Dr. S. Ranjan (Dean) of Science, Alld. University, Mr. R.R. Bhatia, Mr. Girish C. Bhatia, B.A.
 • **Standing (Left to Right)**:Mr. K. Rae, Mr. Ved Prakash Chibber, B.A., Mr. G.P. Ray, B.Sc., Mr. S. Bhatnagar, Mr. S.K. Aggarwal, S. Trilok Singh



Ch. Puran Singh - Founder President

In Jan, 1957 with a small amount from his personal savings Ch. Puran Singh who came from a distinguished family of landed gentry and who had just started his practice as a lawyer at the district courts Dehradun requested his wife Satyabala to put their own residence at disposal to set up a small preparatory school for boys and girls at Lytton road called The Blue Bird. This small initiative soon became too big for the premises it occupied and had to be shifted to another location close by.

Three decades later and with some experience of running schools the Puran Singh family entrusted their younger son Sandip Puran Singh - an environmentalist and an old boy of Doon School to take charge and lay the foundation of Dehra Dun Hills Academy at its present site on the outskirts of Doon Valley close to the Rajaji National Park with a belief that what the city based children need most, was a school set in quiet sylvan

surroundings to encourage a peaceful creative approach to life. Ch. Puran Singh's philosophy of education was what we have now come to know as a Progressive approach. In a boutique residential school it is vital that each student is given every conceivable opportunity to find activities at which they excel, in addition to what is on offer within the classroom, on the games field, in the Amphi theatre.

The learning approach is intended to ensure that students fulfill all their potential, developing a diverse range of skills as laid down by the Founding President of the Ch. Nain Singh Education Society.



Smt. Satya Bala - Co Founder

ABOUT DEHRADUN HILLS ACADEMY

Dehradun Hills Academy is a Boutique Residential K-12 School affiliated to CBSE – New Delhi. The campus is located 40 minutes away from the city in a verdant suburb surrounded by pristine mountains, majestic Sal forests and farmlands.

25 years of dedication and passion has brought the school to where it is now. This has made people from various backgrounds to join the team and chart the road to make Dehradun Hills Academy one of its kind schools in Asia.

We have a 7 acre campus with tree lined avenues, open air amphitheatre, shaded fruit orchards looking onto a landscape of cultivated fields and pristine forests.

We have a dairy, an organic farm, vegetable garden, organic herb unit, fruit orchards of mango, litchi and pear, in-house vermiculture and composting pits and tree house for day time observation.

We have an upcoming poultry farm, weather station and observatory for amateurs.

What is unique to the campus is an In-house Café - 'Silent Temptation' run by students and multiple reading lounges to inculcate the love and habit for reading.



The new 10 Bigha Sports Field for Cricket & Football being laid.

The Team at Dehradun Hills Academy

DIVERSITY AT WORK



Advisory Board Member

Sandip Puran Singh

An old boy of Doon School, Dehradun (Batch of 1980) who went to the School of Languages Jawahar Lal Nehru University, New Delhi, before returning to his hometown to pursue research and studies in Education and Environment.

He did his educational management training from – CEMD-New Delhi (Centre for Educational Management and Development) a Harvard University Program sponsored by Wipro - India. He has been trained at the Teachers Centre – Doon School for various Curriculum Development and Educational Initiatives.

Sandip is not only a passionate bird-watcher but is also a trained ornithologist from Bombay Natural History Society (BNHS). He is a Diploma holder from Centre for Environmental Education (CEE) – Ahmedabad and a certified Interpretation Officer from Wildlife Institute of India (WII). He has done a Public Speaking and Personality Development program from The Indo-American Society - Mumbai.



Advisory Board Member

Ashok Chaudhary

Ashok Chaudhary has been connected with Academics and learning for all his life. An old boy of the St. Josephs Academy, Dehradun (Batch of 1972) who went onto pursue International Law at Jawahar Lal University (JNU) - New Delhi.

He is not only an award winning farmer who received the Governors prestigious award for Organic Farming in Uttarakhand in 2000 but is also extensively well travelled who has visited farms and production centers all over Europe including countries like Norway and Denmark to name a few.

He is one of the most renowned exporters of Herbs like Parsley, Thyme, Rosemary and Basil to the European market through a subsidiary in his home state of Uttarakhand.



Advisory Board Member

Archana Puran Singh

An ex-student of Convent of Jesus and Mary, Dehradun (Batch of 1976) who graduated in English Hons from Lady Shri Ram College, New Delhi.

She is media personality and has deep interest in education. She was awarded the prestigious Asian Television Award in 2000 along with numerous awards in India. She represented the state of Uttar Pradesh in Table Tennis.

She is married to Parmeet Sethi an eminent film director and has two sons Aryamann and Ayushmaan who are presently pursuing Theatre from Stan Adler and New York University respectively.



Managing Director

Yudhishter Puran Singh

Yudhishter Puran Singh is a product of Dehradun Hills Academy and Mithibai College Mumbai University. He set up the icare-India youth based organization in Dehradun and was the Editor of Expressions - Dehradun's first Environment e-magazine. He was one of the Top 100 United Nation Young Change-Makers in the year 2011 and went on to win the award on the topic of Education. He has also been felicitated with the prestigious Guru Rabindranath Tagore Samman Award in 2019.

Mr. Singh has had the privilege of studying in DDHA and also serving the school at various levels from a faculty member to a brand consultant. Currently he is the Managing Director of Dehradun Hills Academy and under his leadership the school has consistently been awarded and recognized at various levels.

Awards & Recognitions

OUR ACHIEVEMENTS!



DEHRADUN HILLS ACADEMY
is Ranked No.1 in
“Co-Curricular Education”
in Dehradun in the CBSE
Category by Education Today -
October, 2022.

DEHRADUN HILLS ACADEMY
has been recognized as a
LEADING RESIDENTIAL
SCHOOL in INDIA for
'Boutique Schooling
and Meaningful Learning
Concept' by EdTech Review
and Amazon India
in Gurugram for the year 2020.



DEHRADUN HILLS ACADEMY
has been adjudged
INDIA'S BEST SCHOOL –
UTTARAKHAND
(Jury's Choice Award) for
Most Deserving Schools in India
by Education Today
for the year
2019-20 in Bengaluru.



SO, IS DEHRADUN HILLS ACADEMY THE RIGHT SCHOOL FOR YOUR CHILD ?



In the preceding pages we have laid out our belief and passion for your child's education and wellbeing and help you understand if this is what is best for your child. Given below are some points that would aid your decision making.

Location Advantage

Your child will be close to nature in a clean pollution less environment. At the same time access to Dehradun city center, airport, railway station, hospital will be only 30-45 min drive.

Boutique & Small School

Your child will experience a homely atmosphere with a personal approach enabling quicker confidence building coupled with a Balanced Time-Diet. We have an in-house faculty for personality development and motivation.

A-Z Learning Outside the Classroom

Well researched and thought through program for well-rounded education and growth of your child. Activities range from fine arts, music, sports, outdoor learning, gardening, horticulture, photography, astronomy, bird watching to name a few

Career Oriented Learning

Through our A-Z Outside the Classroom program we also ensure that your child gets exposed to various career options in a real life setting. This could be through visits or inviting guests from various fields to campus through our Leadership Program.

Healthy Environment

We have private organic farm for fresh vegetables, fruits, milk & poultry. Your child will have schedule for meditation, yoga & fitness regime. There is soulful music playing in the campus for relaxation. All this ensures development of Healthy Body & Mind.

Legacy

30+ years dedicated to education and striving continuously to establish better models with changing times.

Global minded citizens

We have activities to help your child understand various cultures which also include learning foreign languages like French and Spanish. We have students from 5 countries and multiple states in India. This enables your child to be a world citizen.

MINDFUL LIVING

The hardware of our being is the Mindful Way of life. We use it to run the software of a Boutique School and help our children become Happy Healthy Inspired.

**Dhyana in India,
Chhaan in China,
Zen in Japan.**

These are just different words for Mindfulness.

- Mindfulness creates nurturing classroom climates to educate the whole child, ensuring his physical and emotional wellbeing as well as support and safety.
- We provide children with tools to become fully engaged, confident and focused in social and academic situations.
- We help improve teacher well-being and performance.
- Teachers that implement our program in our school are constantly working on themselves so as to be better equipped to manage their own stress levels and thereby also help students improve their outcomes by enhancing their sense of belonging in the classroom, their motivation to learn, and an overall engagement in the whole learning program.



And we invite you to a Mindful Living as a parent.

To enjoy good health, to bring true happiness to one's family,
to bring peace to all, one must first discipline and control one's own mind.
If a man can control his mind he can find the way to Enlightenment,
and all wisdom and virtue will naturally come to him
- Buddha



dehradun hills academy
happy • healthy • inspired

Boutique Day & Residential School
Affiliated to CBSE, India

Mothrowala-Doodhli Road, Vill. Doodhli - Dehradun 248140 Uttarakhand

Ph. : +91 7088993355, 9012377773

City Office : 51-A, Lytton Road, Dehradun - 248 001

www.dehradunhillsacademy.co.in

